

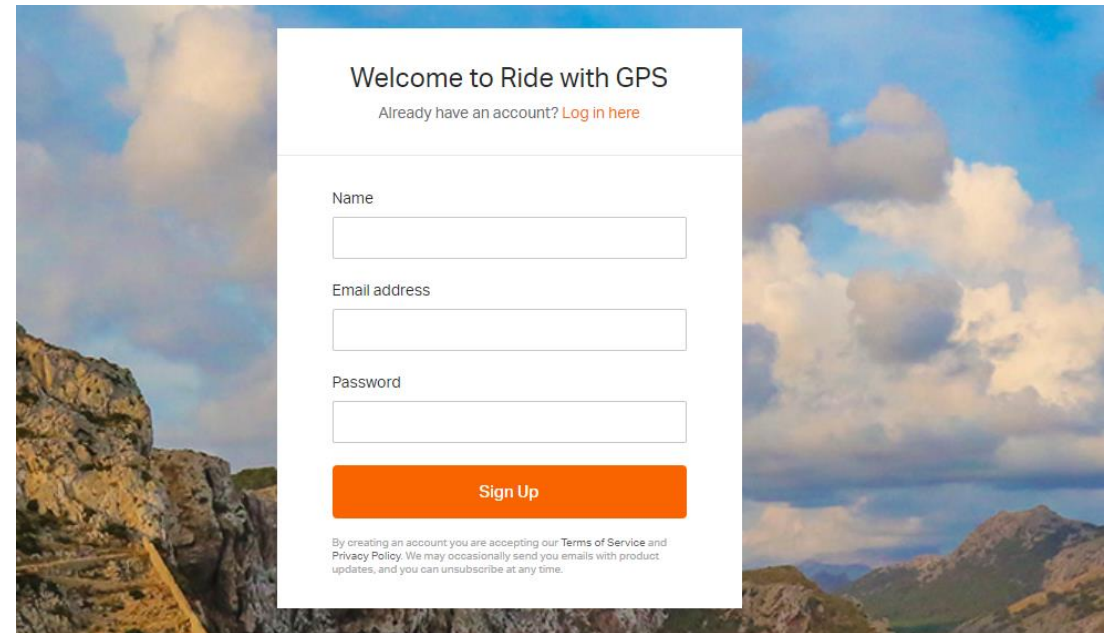
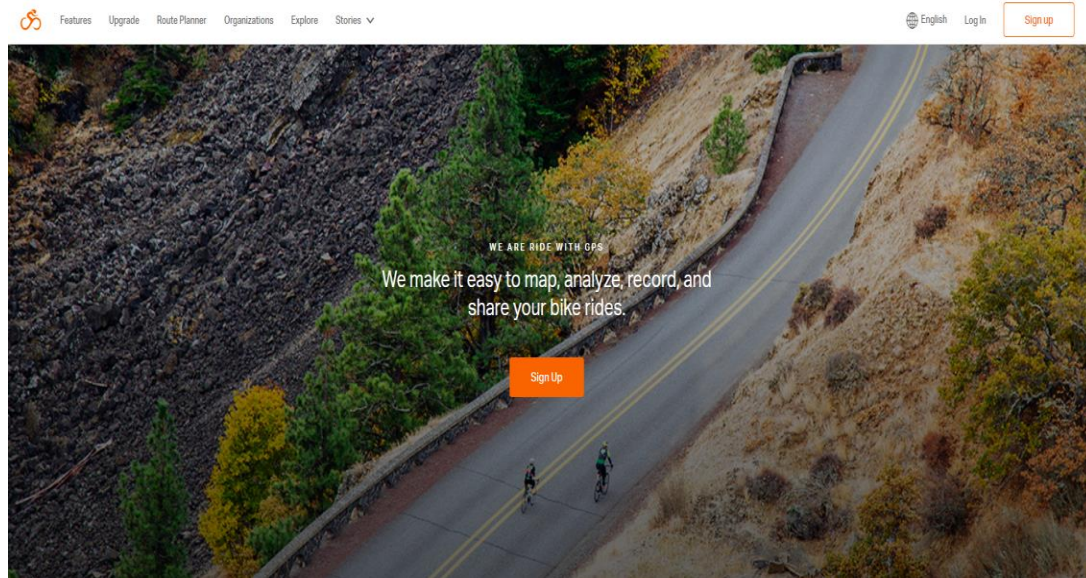
# Working with Ride With GPS (RWGPS) & Loading Your Garmin

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Presented by Wayne Eaves and  
Tom Burns



# Ensure that you have a RWGPS account.



To sync your Garmin Account with RWGPS, access your Garmin Account on the Garmin Website.  
Select **Profile & Account** and click on **Account Settings**.

The screenshot displays the Garmin Connect website interface. On the left is a dark navigation sidebar with the 'connect' logo and various menu items. The main content area is divided into several panels:

- DEVICES:** Shows 'fenix 5, WiFi' with software version 25.00 and links for settings and support.
- CALENDAR:** A calendar for February 2024 showing activity bars for each day.
- REPORTS:** 'Total Distance' bar chart for Mar 2023 - Feb 2024, showing activity by sport (Cycling, Winter Sports, Walking, Water Sports).
- REPORTS:** 'Average Heart Rate' scatter plot for Feb 2023 - Feb 2024.
- COURSES:** A list of cycling courses with names and distances.
- PERSONAL RECORDS:** Cycling records including 40 km (1:04:51), Total Ascent (2,465 m), Max Avg Power (325 W), and Longest Ride.
- DEVICES:** Shows 'Edge 1030 Plus' with software version 6.79 and links for settings and support.
- REPORTS:** 'Average Speed' scatter plot for Feb 2023 - Feb 2024.
- REPORTS:** 'Max 20 Min Avg Power' scatter plot for Feb 2023 - Feb 2024.

A blue arrow points to the 'Profile & Account' button in the top right corner of the main content area.

<https://connect.garmin.com/modern/profile/btb89>

Select **Display Preferences** and choose metric.  
Select **Account Information** and scroll to RWGPS.  
Allow Garmin to share with RWGPS.

Settings

- Display Preferences
- Public Profile
- User Settings
- Privacy Settings
- Messages
- Account Information
- Beta Programs

Display Preferences

Language: English

Upload Time Zone: (GMT-05:00) Eastern Time (US & Car)

Activity Name: Location & Type  
Example: Chicago Running  
Garmin Connect will provide the activity type.  
Location may not be accurate everywhere.

Measurement Units: Metric

Golf Distance Units: Yards

First Day of the Week: Monday

Homepage: Dashboard

Number Format:  1.234.56  1.234,56

Time Format:  12-hour AM/PM  24-hour

Disconnect

Ride with GPS

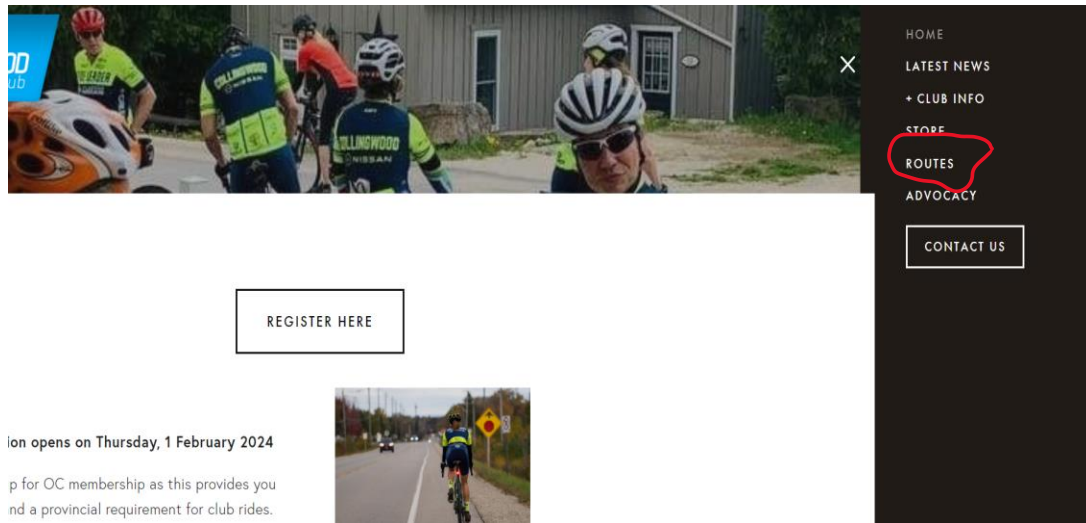
Data shared from Garmin Connect to the Ride with GPS app

Activities

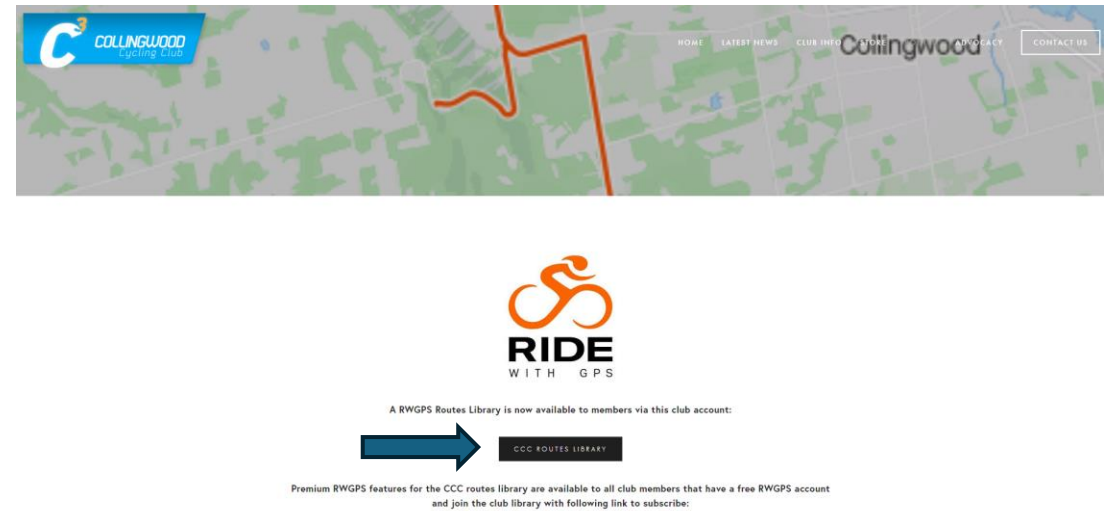
Data shared from the Ride with GPS app to Garmin Connect

Courses

# Now log into our Collingwood Cycling Club Website. Click on **Routes** and then **CCC ROUTES LIBRARY**.



The image shows a screenshot of the Collingwood Cycling Club website. At the top, there is a navigation menu with the following items: HOME, LATEST NEWS, + CLUB INFO, STORE, ROUTES (circled in red), and ADVOCACY. Below the menu is a 'CONTACT US' button. The main content area features a 'REGISTER HERE' button and a small image of a cyclist on a road. The background of the website is a photograph of several cyclists in blue and green jerseys.



The image shows a screenshot of the Collingwood Cycling Club website's routes page. At the top, there is a navigation menu with the following items: HOME, LATEST NEWS, CLUB INFO, CONTACT US, and a 'Collingwood' logo. Below the menu is a map with a red route line. The main content area features the 'RIDE WITH GPS' logo and a blue arrow pointing to a 'CCC ROUTES LIBRARY' button. Below the button, there is a text box that reads: 'A RWGPS Routes Library is now available to members via this club account: Premium RWGPS features for the CCC routes library are available to all club members that have a free RWGPS account and join the club library with following link to subscribe:'.

# Sign in to the Club. (Non-members can see our library but won't get the premium benefits of RWGPS)

The screenshot shows the website for the Collingwood Cycling Club. The header includes navigation links: Jump To, Explore, Route Planner, and Stories. A search bar, Upgrade button, and user profile icon are also present. The main banner features the club's logo and a description of its mission. Below the banner is a navigation menu with options: Home, Events, Route Map View, Route Library, Collections, Members, and More. The 'Sign into Club' button is highlighted in yellow. The 'Route library' section includes filters for tags, name, and location, as well as sliders for length and elevation gain. A table of routes is displayed below.

Name	Tags	Location	Dist (km)	Ele (m)	Updated		View
<a href="#">PRV 2 19-48</a>	PRV, GR19	Collingwood, Ontario	48.0	520	08/03/22	✦	<a href="#">View</a>
<a href="#">Balm Beach-100kms</a>	Wasaga, Balm Beach	Collingwood, Ontario	100.8	410	19/07/22	✦	<a href="#">View</a>
<a href="#">Centurion 100 - 2012 -Inte...</a>		Blue Mountains, Ontario	163.5	1536	28/05/20	✦	<a href="#">View</a>
<a href="#">Eugenia-CW-100kms</a>	PRV, Feversham, Eugenia, Epping, A Group, GR19	Collingwood, Ontario	100.7	990	12/01/23	✦	<a href="#">View</a>
<a href="#">Owen Sound - Sauble Loop</a>	Owen Sound, Warton, Oliphant, Sauble Beach	Georgian Bluffs, Ontario	106.2	540	19/04/23	✦	<a href="#">View</a>

You can sort by **Distance**, **Elevation** or **Updated Date** – Click on the column you want to sort by. Click again to sort in reverse order.

Route library Export CSV [View archived routes](#)

Filter by tag  by Name  by Location   Any length  Any elevation gain

<input type="checkbox"/>	Name	Tags	Location	Dist (km)	Ele (m)	Privacy	Updated	<input type="checkbox"/>	View
<input type="checkbox"/>	Triple 7-31kms	Frog's Hollow, Thornbury	The Blue Mountains, Ontario	36.6	365	Public	07/04/23	<input type="checkbox"/>	View
<input type="checkbox"/>	PRV-30/31-33kms	PRV	Collingwood, Ontario	32.8	365	Public	10/15/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Wasaga-34kms	Wasaga	Collingwood, Ontario	33.9	145	Public	06/09/23	<input type="checkbox"/>	View
<input type="checkbox"/>	PRV-34	PRV	Collingwood, Ontario	34.2	332	Public	03/08/22	<input type="checkbox"/>	View
<input type="checkbox"/>	Nottawa-34kms	Nottawa, C2 Group	Collingwood, Ontario	34.3	142	Public	01/04/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Peguera-36Kms-380M	Mallorca, Palmanova	Calvià, Illes Balears	35.6	380	Public	04/18/22	<input type="checkbox"/>	View
<input type="checkbox"/>	Calvia-38kms-634M	Mallorca, Palma, Palmanova	Calvià, Illes Balears	35.7	605	Public	04/18/22	<input type="checkbox"/>	View
<input type="checkbox"/>	Es Capdella-36kms-559M	Mallorca, Palmanova, Es Capdella, Calvia	Calvià, Illes Balears	35.9	559	Public	04/18/22	<input type="checkbox"/>	View
<input type="checkbox"/>	Wasaga Backroads-38kms	Wasaga, Wasaga Beach	Collingwood, Ontario	37.5	153	Public	10/15/23	<input type="checkbox"/>	View
<input type="checkbox"/>	GB40 -GR-38Kms	Gravel	Collingwood, Ontario	37.6	82	Public	10/19/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Stayner GT Trail-38km	Stayner, GT	Collingwood, Ontario	38.2	153	Public	05/10/23	<input type="checkbox"/>	View
<input type="checkbox"/>	26/27&30/31-GR-39Kms	Gravel, Reids	Collingwood, Ontario	38.9	411	Public	10/19/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Palmanova-39km-CCW	Mallorca, Palmanova, Calvia, Santa Po...	Calvià, Illes Balears	39.3	365	Public	04/18/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Nottawa Loop-40kms	Nottawa, Airport, C2 Group	Collingwood, Ontario	39.3	175	Public	10/13/22	<input type="checkbox"/>	View
<input type="checkbox"/>	Fairgrounds-CCW-39kms	Wasaga, Fairgrounds, C2 Group, Notta...	Collingwood, Ontario	39.4	222	Public	01/04/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Fairgrounds-CW-39kms	Wasaga, Fairgrounds, C2 Group	Collingwood, Ontario	39.4	222	Public	01/04/23	<input type="checkbox"/>	View
<input type="checkbox"/>	#19 & Conc 10-40	GR19, 10th Line	Collingwood, Ontario	39.7	510	Public	04/19/23	<input type="checkbox"/>	View
<input type="checkbox"/>	PRV T-40kms	PRV, C2 Group	Collingwood, Ontario	40.2	293	Public	01/04/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Calvia Loop-40kms-577M	Mallorca, Palmanova	Calvià, Illes Balears	40.3	577	Public	04/18/22	<input type="checkbox"/>	View
<input type="checkbox"/>	<a href="#">im/organizations/5358-collingwood-cycling-club/routes?archive=true</a>	Ravenna, GR19	Collingwood, Ontario	41.3	522	Public	06/04/22	<input type="checkbox"/>	View

Route library Export CSV [View archived routes](#)

Filter by tag  by Name  by Location   Any length  Any elevation gain

<input type="checkbox"/>	Name	Tags	Location	Dist (km)	Ele (m)	Privacy	Updated	<input type="checkbox"/>	View
<input type="checkbox"/>	The Mammoth		Collingwood, Ontario	267.6	1724	Public	05/28/20	<input type="checkbox"/>	View
<input type="checkbox"/>	London-Cwood	London	London, Ontario	232.1	1002	Public	08/10/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Cwood-London	London	Collingwood, Ontario	231.9	1054	Public	08/10/23	<input type="checkbox"/>	View
<input type="checkbox"/>	GB-Hospital Ride-203kms	Gravel, Meaford, Eugenia, Feversham, ...	Collingwood, Ontario	202.8	1784	Public	08/12/21	<input type="checkbox"/>	View
<input type="checkbox"/>	Brevet #1	Creemore, Badjeros, Feversham, Euge...	Collingwood, Ontario	202.3	1423	Public	05/28/20	<input type="checkbox"/>	View
<input type="checkbox"/>	Around Lk Simcoe-201kms...	Bradford, Orillia, Barrie, Midland	Bradford West Gwillimbury, On...	201.1	1134	Public	07/18/22	<input type="checkbox"/>	View
<input type="checkbox"/>	Awenda-Penetang-199kms	Penetanguishene, Awenda, Wasaga Be...	Collingwood, Ontario	198.9	1212	Public	01/12/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Growing Beaver-200 with c...	Growing Beaver-200	Collingwood, Ontario	198.4	1641	Public	09/15/22	<input type="checkbox"/>	View
<input type="checkbox"/>	Growing Beaver 200 with c...	Growing Beaver-200	Collingwood, Ontario	198.4	1640	Public	09/14/22	<input type="checkbox"/>	View
<input type="checkbox"/>	Hospital Fundraiser-198kms		Collingwood, Ontario	198.0	1853	Public	08/26/21	<input type="checkbox"/>	View
<input type="checkbox"/>	Hospital Fundraiser-198kms		Collingwood, Ontario	198.0	1853	Public	09/10/21	<input type="checkbox"/>	View
<input type="checkbox"/>	Growing Beaver 200	Gravel, Meaford, Eugenia, Feversham, ...	Collingwood, Ontario	197.6	1638	Public	05/28/20	<input type="checkbox"/>	View
<input type="checkbox"/>	Awenda-Penetang-202kms	Penetanguishene, Awenda, Wasaga Be...	Collingwood, Ontario	196.4	1273	Public	08/03/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Owen Sound-Lion Head		Saugeen Shores, Ontario	192.1	773	Public	07/22/21	<input type="checkbox"/>	View
<input type="checkbox"/>	Owen Sound-Collingwood-...	Gravel	Meaford, Ontario	179.0	1707	Public	08/03/21	<input type="checkbox"/>	View
<input type="checkbox"/>	OwenSoundLionhead172k...	Oliphant, Sauble Beach	Owen Sound, Ontario	172.3	971	Public	07/24/21	<input type="checkbox"/>	View
<input type="checkbox"/>	Owen Sound-171kms	Chatsworth, Walter's Falls, Owen Sound	Collingwood, Ontario	171.0	1906	Public	05/26/22	<input type="checkbox"/>	View
<input type="checkbox"/>	ThunderB-Penetang-170kms	Penetanguishene, Awenda, Wasaga Be...	Collingwood, Ontario	170.3	1025	Public	01/12/23	<input type="checkbox"/>	View
<input type="checkbox"/>	Williamsford-165kms	Williamsford, Walter's Falls, Kimberley, ...	Collingwood, Ontario	164.7	1663	Public	07/01/23	<input type="checkbox"/>	View

Find a Route by Using **TAGS**. You can use as many TAGS as you want to filter. You can also sort by starting location. Click **View** of the ride you wish to import.

Route library

Filter by tag  by Name  by Location   Any length  Any elevation gain [Export CSV](#) [View archived routes](#)

<input type="checkbox"/>	Name	Tags	Location	Dist (km)	Ele (m)	Privacy	Updated	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 GB-Hospital Ride-203kms	Gravel, Meaford, Eugenia, Feversham, ...	Collingwood, Ontario	202.8	1784	Public	08/12/21	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Brevet #1	Creemore, Badjeros, Feversham, Euge...	Collingwood, Ontario	202.3	1423	Public	05/28/20	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Growling Beaver 200	Gravel, Meaford, Eugenia, Feversham, ...	Collingwood, Ontario	197.6	1638	Public	05/28/20	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Dundalk_160	Badjeros, Dundalk, Creemore, GR19	Collingwood, Ontario	159.6	1119	Public	06/28/20	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Dundalk_159	Badjeros, Dundalk, Creemore, Terra No...	Collingwood, Ontario	158.9	1156	Public	05/30/20	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Terra Nova_158	Creemore, Terra Nova	Collingwood, Ontario	158.0	1317	Public	08/14/20	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Mansfield-157kms	Mulmur, Mansfield, Dundalk, Creemore	Collingwood, Ontario	157.3	1282	Public	06/23/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Terra Nova_156	PRV, Badjeros, Terra Nova, Creemore, ...	Collingwood, Ontario	156.2	931	Public	06/08/20	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Dundalk-Cre-156kms	PRV, Dundalk, Terra Nova, Creemore	Collingwood, Ontario	155.9	1065	Public	05/13/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Mansfield-153kms	Mulmur, Mansfield, Dundalk, Long Wee...	Collingwood, Ontario	155.3	1282	Public	06/23/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Terra Nova_142	Fairgrounds, Creemore, Terra Nova	Collingwood, Ontario	142.4	1087	Public	06/08/20	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Mulmur-GR-140Kms	Gravel, Creemore	Collingwood, Ontario	141.2	1829	Public	10/19/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Eugenia-140kms	PRV, Badjeros, Creemore, Eugenia, He...	Collingwood, Ontario	140.4	997	Public	01/12/23	<input type="checkbox"/> View

Route library

Filter by tag   by Name  by Location   Any length  Any elevation gain [Export CSV](#) [View archived routes](#)

<input type="checkbox"/>	Name	Tags	Location	Dist (km)	Ele (m)	Privacy	Updated	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 GB-Hospital Ride-203kms	Gravel, Meaford, Eugenia, Feversham, ...	Collingwood, Ontario	202.8	1784	Public	08/12/21	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Growling Beaver 200	Gravel, Meaford, Eugenia, Feversham, ...	Collingwood, Ontario	197.6	1638	Public	05/28/20	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Mulmur-GR-140Kms	Gravel, Creemore	Collingwood, Ontario	141.2	1829	Public	10/19/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Creemore-GR-124Kms	Gravel, Glen Huron, Creemore	Collingwood, Ontario	123.5	2006	Public	10/19/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 NewLowell-Dunedin-104kms	New Lowell, Creemore, Glencairn, Suni...	Collingwood, Ontario	103.8	696	Public	06/05/22	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Terra Nova-GR-102Kms	Creemore, Terra Nova, Glen Huron, Gra...	Collingwood, Ontario	101.7	1287	Public	10/19/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 LavenderHill-GR-98Kms	Gravel, Reids, Creemore	Collingwood, Ontario	98.3	937	Public	10/19/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 GT Creemore-GR-98kms	Creemore, Gravel, Stayner	Collingwood, Ontario	97.6	848	Public	01/17/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Honeywd-GR-95Kms	Gravel, Creemore, Badjeros	Collingwood, Ontario	95.4	1201	Public	10/19/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Creemore-GR-74Kms	12th Street Climb, Creemore, Gravel	Collingwood, Ontario	92.0	1069	Public	10/19/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Maple Valley-GR-CCW-91kms	Creemore, Gravel, Lavender, Maple Valley	Collingwood, Ontario	90.5	821	Public	07/28/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Maple Valley-GR-90kms	Creemore, Gravel, Lavender, Maple Vali...	Collingwood, Ontario	90.3	819	Public	10/24/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 Maple Valley-GR-CW-91kms	Creemore, Gravel, Lavender	Collingwood, Ontario	90.1	852	Public	10/19/23	<input type="checkbox"/> View
<input type="checkbox"/>	🔒 GT Creemore-GR-81Kms	Creemore, Gravel	Collingwood, Ontario	80.7	755	Public	10/19/23	<input type="checkbox"/> View



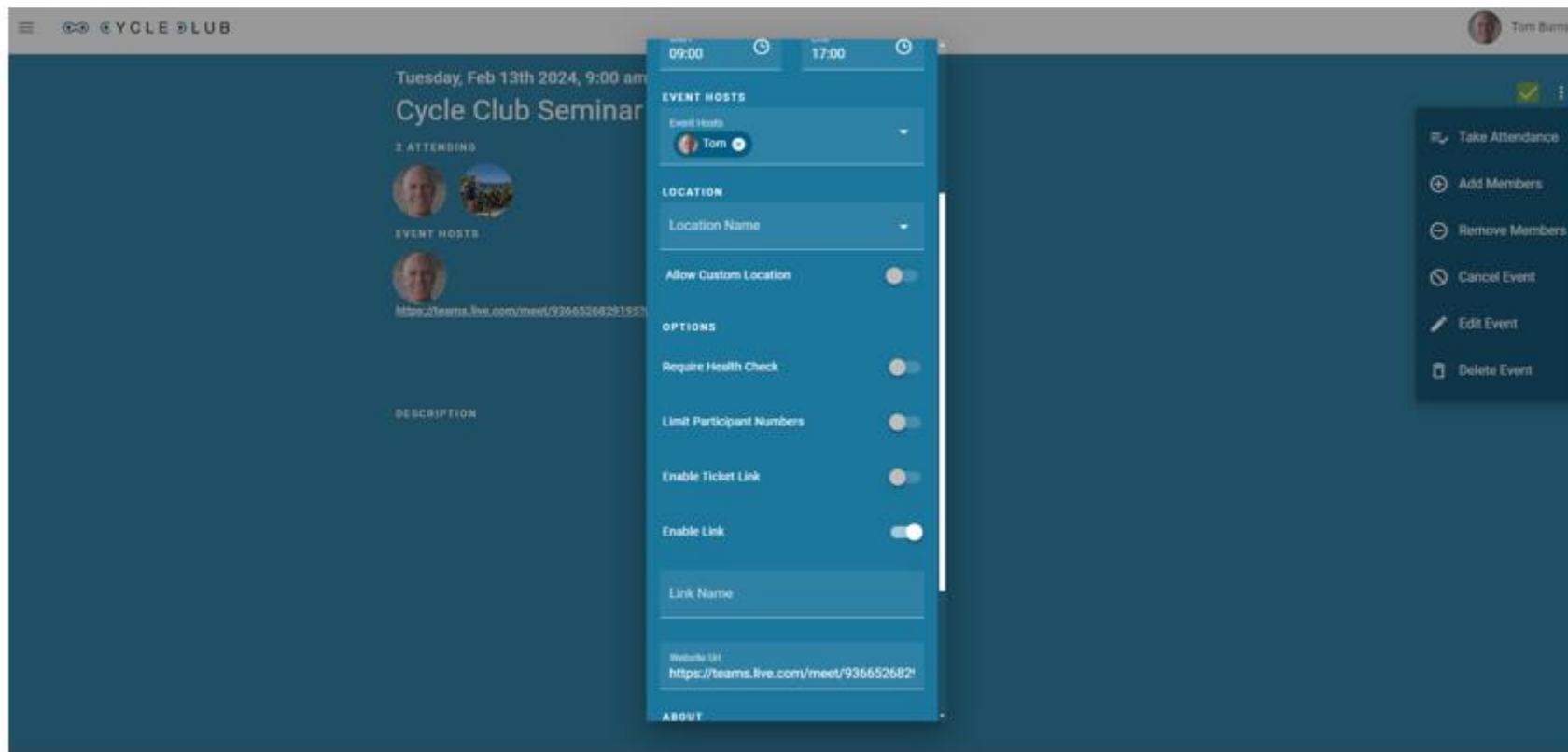
To post this ride in Cycle Club app, copy the Location:  
<https://ridewithgps.com/routes/28665192> and paste it into Website  
URL location in Cycle Club for the ride you are leading.

The screenshot displays a web browser window with the URL [ridewithgps.com/routes/28665192](https://ridewithgps.com/routes/28665192). The website interface includes a navigation bar with options like 'Explore', 'Plan', 'Upload', 'Routes', 'Rides', 'Ride Reports', and 'Help'. The main content area shows a cycling route titled 'GT Creemore-GR-81Kms' by 'Collingwood Cycling Club'. The route details are as follows:

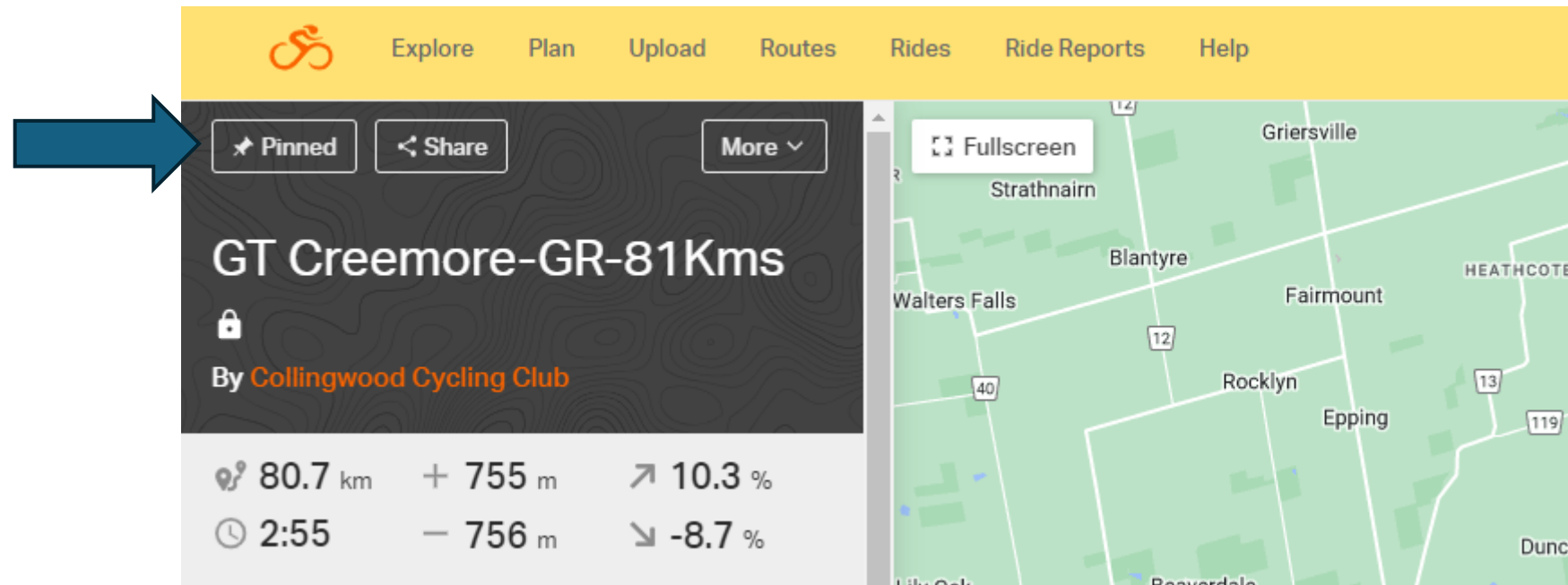
- Distance: 80.7 km
- Elevation Gain: +755 m
- Elevation Loss: -756 m
- Average Grade: 10.3%
- Estimated Time: 2:55

The route is visualized on a Google Map of the Creemore region in Ontario, Canada, starting and ending in Collingwood. The map shows a red dashed line representing the route, passing through locations like Singhampton, Duntroon, Stayner, and Creemore. Below the map is a grade profile graph showing elevation in meters (0 to 1000) against distance in kilometers (0 to 80). The graph indicates a relatively flat profile with some minor elevation changes. The website also provides options to 'Send to Device' and 'Share' the route.

Paste the URL into Cycle Club. Click on Link Name and type in the name for your ride.



If you want to load the ride into your Garmin, just PIN it!  
When you turn on your Garmin, give it a few minutes and then open Navigation, Courses, Saved Courses. This can be done from your desktop computer or your phone but it may be difficult to read the RWGPS Website on a phone. Older Garmins need to be hard-wired to your computer.



# Additional Assistance????

- If this is not working for you or you encounter technical challenges, feel free to reach out and we will try to walk you through it or even arrange to meet and sort out the problem.
- Tom Burns: 519 241-1768
- Wayne Eaves: 705 441-1214
- <https://support.garmin.com/en-CA/>